

\$TIR THE POT

an interactive cooking and food education series curated by Nadine Nelson, Global Local Gourmet, in collaboration with the New Haven Food Policy Council, with readings from Feed the Resistance by Julia Turshen

JANUARY

Master Cooks Corps
Tuesday, January 30, 5:30 - 7:30 pm
CitySeed, 817 Grand Ave., New Haven

Reading: *Practical Activism: If You Want to do Something, Don't Try to do Everything*, Mikki Halpin
Cooking: Fettuccine Alfredo with Winter Vegetables
Kitchen Table Talk: What causes are you are passionate about, and how will you show up to those causes as a leader and/or follower?

MARCH

CANCELLED! Go to [this](#) instead.

Reading: *Ground Rules to Organized Activism*, Callie Jayne, lead organizer citizen action of New York
Cooking: Empanadas
Kitchen Table Talk: What are some ways to address all three levels of power to empower the most impacted to shift the power dynamic?

MAY

Kim Hart, food activist, Witnesses to Hunger
Tuesday, May 29, 5:30 - 7:30 pm
Common Ground High School, 358
Springside Avenue, New Haven

Reading: *How Food Can Be a Platform for Activism*, Shakira Simley, co-founder, Nourish | Resist
Cooking: Fresh Spring Rolls
Kitchen Table Talk: In what ways do you nourish yourself? What ways do you resist the status quo to create an equitable food system?

FEBRUARY

Sanctuary Kitchen
Wednesday, February 21, 5:30 - 7:30 pm
CitySeed, 817 Grand Ave., New Haven

Reading: *How Food Can Impact Communities*, Caleb Zigas, Executive Director of La Cocina
Cooking: food from Sanctuary Kitchen
Kitchen Table Talk: What power are you willing to sacrifice or what privilege are you willing to share to make the food system more equitable and sustainable?

APRIL

Billy Bromage
Tuesday, April 17, 5:30 - 7:30
Whitneyville Cultural Commons, 1253
Whitney Ave, Hamden

Reading: *Food is like Sex. It is the Provocation*, Tunde Wey, writer and cook
Cooking: Asian Dumplings
Kitchen Table Talk: What places are you willing to find yourself deeply uncomfortable to do the emotional work necessary to improve our food system?

JUNE

Isa Mujahid and CTCORE-Organize Now!
Juneteenth Celebration
Tuesday, June 19, 5:30 - 7:30 pm
Yale Farm, 345 Edwards Street, New Haven

Reading: *10 ways to engage that aren't so obvious, 10 things you can do in less than 10 minutes*
Cooking: Gumbo
Kitchen Table Talk: What is your social justice action plan? Where is food in there?

JULY CELEBRATION

City Point Kitchen & patio | 98 S. Water Street, New Haven

Please bring a dish for this participatory potluck (consider a recipe from Feed the Resistance) or a perishable pantry item for the Master Cooks Corps Teaching Kitchen like beans, quinoa, olive oil, canned salmon etc.

